



Working together to improve end of life care



Armed Forces Veteran  
friendly accredited  
GP practice



# Long Buckby Practice Patient Newsletter

## Summer 2025

[www.longbuckbypractice.nhs.uk](http://www.longbuckbypractice.nhs.uk)

The Practice is open Monday to Friday 8am to 6.30pm. Closed on Bank Holidays.  
Appointments are now available up to 8pm on weekday evenings and Saturdays 9am to 5pm.  
These could be at another local practice.

### Changes to NHS Cervical Screening from 1<sup>st</sup> July 2025

From 1<sup>st</sup> July the NHS cervical screening program in England will increase the screening interval from 3 years to 5 years for women aged 25–49 who test negative for HPV. This adjustment is based on strong clinical evidence showing that these individuals have a very low risk of developing cervical cancer within the following 10 years.

Cervical screening now primarily tests for human papillomavirus (HPV), the virus responsible for nearly all cervical cancers, rather than simply looking for abnormal cells. Anyone already invited before 1<sup>st</sup> July will still follow their original screening schedule. The new 5-year interval will apply only to invitations sent out after that date.

The HPV vaccine, offered to both boys and girls during secondary school, protects against many strains of HPV. Even if you've been vaccinated, attending regular cervical screening appointments remains essential, as the vaccine doesn't guard against all HPV types.

You will usually receive an invitation by post when you are due, but you can book an appointment by ringing reception. If you missed your last appointment, you don't need to wait for another invitation—feel free to book anytime.

If you're registered as female with your GP, you'll automatically receive an invitation. If you're registered as male, you can still request a screening by contacting your GP or a relevant clinic.

For more information visit:

<https://news.cancerresearchuk.org/2025/06/10/nhs-england-changes-cervical-screening-to-every-5-years/>



A smear test  
lasts **5** minutes.

The impact of cervical cancer  
lasts a lifetime.

Attend your smear test.  
Reduce your risk.



Call our helpline:  
**0808 802 8000**

Find us online:  
[jostrust.org.uk](http://jostrust.org.uk)

Registered in England and Wales. Company Limited by Guarantee. 1111375. Registered Charity No. 1133462 / 52341236.

**Thank you** to everyone who attended or contributed in any way to our annual Carers' and Veterans' Event. We raised £400 For Northamptonshire Carers.



We said goodbye to Dr Katwal in June who came to the end of his GP training. He came to us 16 months ago as a fully qualified hospital doctor and leaves as a fully qualified GP. Dr Ayegoro, another fully qualified hospital doctor will be with us for a year.

Rachel has joined our reception team. It takes many months to learn the job, so please be patient whilst she is training.

We are honoured to have been presented with the Learning Disability Star Award from the Mental Health, Learning Disability, and Autism Collaborative Northamptonshire.

This award recognises our commitment to supporting individuals with learning disabilities and to improve health outcomes and quality of care for this important group of patients.

Please remember that our car park is only for patients visiting the surgery during our opening hours.

This includes Thursday until 8pm and Saturday mornings.

Thank you for your understanding.

**WE ARE A LEARNING DISABILITIES STAR AWARD PRACTICE**

- We have Learning Disability Champions
- We offer reasonable adjustments as needed
- We deliver annual health checks
- We provide person-centred care

## Coming Soon!

It may be summer, but the flu season is fast approaching

Find Us on Facebook



Stay connected with Long Buckby Practice for the latest news, updates, and health tips.

## GOING ON HOLIDAY?



**MAKE SURE YOU'RE PROTECTED!**

Contact us to arrange your travel vaccinations  
**AT LEAST 6 WEEKS BEFORE YOU GO.**

**NHS**  
England

In the past 10 years, skin cancer rates in the UK have increased by 59% in men and 36% in women\*

Use at least factor 15 in the sun and apply sunscreen to all exposed skin.

# #CoverUpMate



\*Cancer Research statistics