



# Long Buckby Practice Patient Newsletter

Spring 2026

Working together to improve end of life care



[www.longbuckbypractice.nhs.uk](http://www.longbuckbypractice.nhs.uk)

The Practice is open Monday to Friday 8am to 6.30pm. Closed on Bank Holidays.  
Appointments are now available up to 8pm on weekday evenings and Saturdays 9am to 5pm.  
These could be at another local practice.

## Diabetes Reviews – What to Expect

You will be invited each year in your birthday month to book your **annual diabetes review**.

### Annual Review (with Anita or Michelle):

- Blood tests, blood pressure, foot check, and urine test.
- Please bring a urine sample in a white-topped bottle (available at reception).

### Followed by an appointment with Alisa or Claire, one of our Diabetes Specialist Nurses:

- To discuss your results and plan your care.
- You will be told when your next **interim review** is due (3–6 months),

### Interim Review:

- Blood test with Anita or Michelle 6 months later (or earlier if required - you will be sent a reminder).
- Bring recent blood pressure readings or use the waiting room machine.
- Results will be sent to you by text.

You will then be invited again next year on your birthday

If your diabetes needs closer monitoring, you may need extra appointments.

### Need help sooner?

Book a routine appointment with Alisa or Claire.



We are pleased to welcome Jackie, who has recently joined our team as a receptionist/dispenser. As with all new team members, there is a learning period and Jackie may occasionally need to seek guidance from her supervisor. We appreciate your patience and support as she settles into her role.

Steff, one of our Practice Nurses, has now gone on maternity leave. Whilst she is off, Claire will be taking on her work. Some of you may know Claire as she has previously worked at the surgery. We wish Steff well and look forward to her returning next year.

**Long Buckby Practice**  
Invites You To A  
**Carers' & Veterans' Tea & Coffee Afternoon**

**On Wednesday 9<sup>th</sup> September 2026**  
**At Long Buckby Community Centre**  
**2pm – 3.30pm**

**SAVE THE DATE**  **ALL WELCOME**

**Come and meet other carers, have tea, coffee & cake, get advice, raffle, and see what services are available from the Practice, Northamptonshire Carers and other organisations**

  

**DON'T MISS IMPORTANT MESSAGES FROM YOUR GP!**

**Keep your contact details up to date!**

 Moved house?  
Changed your phone number?

 Changed your phone number?

We usually contact our patients by **TEXT** message.

 If your details are not correct, you could miss important information about:

-  **Appointments**
-  **Your health**
-  **Test results**
-  **Important updates**

**Updating your contact details is quick and easy!**

 Simply send a message to the **Admin Team** through your **NHS App** to update your contact information.



**Thank you for helping us keep your records accurate.**

**Are you up to date with your vaccinations?**

Vaccination	Age Range or criteria
Shingles	Aged between 70-79 or Over 65 and if date of birth before 31/8/61 or Under 65 and immunosuppressed
pneumonia	Over 65 or Under 65 and immunosuppressed, without a spleen or coeliac
RSV	Over 75s or Over 28 weeks pregnant
Covid	Over 75 or Severely immunosuppressed
Whooping cough	Pregnant women over 16 weeks pregnant (Usually offered at 20 weeks scan)
MMR	Anyone needing 2 doses who is not eligible for MMRV
HPV, diphtheria, tetanus, polio and Men ACWY	Under 25 and missed their vaccinations at school

**If you think you are due a vaccination, send us a message from your NHS App or ring reception.**

**Do more with the NHS App!**

-  Order repeat prescriptions
-  Book appointments
-  View your records
- And much more...



We receive a high volume of messages from patients each day through the NHS App. The most common request is for a routine appointment. Once we receive your request, we will send you a booking link within 24 hours, Monday to Friday.

You can also access the NHS App on a desktop or laptop via our website.