



Working together to improve end of life care



Armed Forces Veteran
friendly accredited
GP practice



Long Buckby Practice Patient Newsletter

Autumn 2026

www.longbuckbypractice.nhs.uk

The Practice is open Monday to Friday 8am to 6.30pm. Closed on Bank Holidays.

Appointments are now available up to 8pm on weekday evenings and Saturdays 9am to 5pm.

These could be at another local practice.

As winter approaches, getting your annual flu vaccination is one of the best ways to protect yourself from seasonal illness. Flu is much more serious than a common cold and can cause high temperatures, body aches, extreme tiredness and a persistent cough. For some people, it can lead to serious complications, including pneumonia and hospital admission.

The flu virus changes every year, which is why an annual vaccination is needed to provide the best protection against current strains. Having the flu jab not only helps protect you but also reduces the spread of flu to family, friends and vulnerable members of the community.

If you're eligible for a free NHS flu vaccination, please book your appointment as soon as possible and help keep yourself and our community healthy this winter.

We are required to keep inviting you until 31st March, so if you decide not to have a flu jab, please let us know as soon as possible.

LONG TERM CONDITIONS THAT MAKE YOU ELIGIBLE FOR A FREE FLU JAB

You may be eligible if you have:

- Heart disease** such as heart failure or coronary heart disease
- Chest conditions** such as asthma, chronic obstructive pulmonary disease (COPD) or emphysema
- Kidney disease** chronic kidney disease at stage 3, 4 or 5
- Liver disease** such as hepatitis or cirrhosis
- Neurological conditions** such as Parkinson's disease, motor neurone disease, multiple sclerosis or cerebral palsy
- Weakened immune system** due to disease or treatment (such as steroid medication or chemotherapy)
- Diabetes** type 1 or type 2
- Other long term conditions** such as sickle cell disease, or a learning disability
- Problems with your spleen** such as sickle cell disease, or if you have had your spleen removed
- Severe mental illness** such as schizophrenia or bipolar disorder

ASK AT RECEPTION TODAY!

Protect yourself. Protect others. Get your flu jab.

Long Buckby Practice



Christmas Tree Festivals

Long Buckby Practice will be entering a tree into the following Christmas Tree Festivals.:

St Lawrence's Church, Long Buckby - 5th – 6th December

All Saint's Church, West Haddon - 28th – 29th November.

Please come and support us.



We were saddened to hear of the death of Dr Norman How in May.

Dr How was a much-loved GP Partner at Long Buckby Practice until his retirement in 1995. He was a valued member of our Practice team and will be fondly remembered by colleagues and patients alike.

We would like to extend our sincere thanks to Dr How's family and friends for the kind donations collected in his memory for the Long Buckby Medical Equipment Fund at his memorial service.

Congratulations to Mikhaela, one of our Care Co-ordinators, who got married in September. We wish you and your husband best wishes for the future.

We also welcome back Steff who will be vaccinating patients at the flu clinics. Steff will be back permanently from her maternity leave in the spring.



The NHS and West Northamptonshire Council are working together to provide a Weight Loss Service.

We will be contacting patients who are eligible for this fantastic opportunity by text soon.



We provide a wide range of services to help people remain independent, whilst also supporting carers and families.

How we can help

- Money Management Support
- Home Care Cleaning Service
- Handyperson Service
- Gardening Service
- Nail Care Service
- Day Centre Opportunities
- Care Support at Home

Contact us

01604 611200

access@ageuknorthants.org.uk

www.ageuknorthants.org.uk



Registered Office: The William and Patricia Venton Centre, York Road, Northampton NN1 5QJ. Registered Charity No. 1050995

Thank You

To all the patients and staff who contributed or attended our recent Carers' and Veterans' afternoon.

We had a great time and raised £408 for The Long Buckby Medical Equipment Fund.