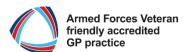


Long Buckby Practice Patient Newsletter

Winter 2025







www.longbuckbypractice.nhs.uk

The Practice is open Monday to Friday 8am to 6.30pm. Closed on Bank Holidays.

Appointments are now available up to 8pm on weekday evenings and Saturday 9am to 5pm.

These could be at another local practice.



All GP surgeries are required to have a Patient Participation Group. Our Patient Participation Group (PPG) was formed in 2011 and was made up of patients registered at the surgery. The group met approximately every 3 months to discuss patient experience at the surgery, developments within the NHS, (especially those that affected Primary Care/GP Services) and to look at ways in which the Practice could raise money for the Medical Equipment Fund.

In 2020, due to the pandemic, it was decided to form a Virtual PPG to increase membership and make communicating easier. Communication for this is via online discussions and feedback.

Now in winter 2024, the PPG has a new Chair Person and has been renamed 'The Friends of Long Buckby Practice (FOLBP). It runs alongside the Virtual PPG. Currently the FOLBP has ten members plus the Practice Manager and Data Manager to represent the Practice. The VPPG has 365 members.

Membership is invited from patients registered at the Practice who are interested in providing feedback and suggestions to the Practice and being a voice for patients of the surgery to improve the services provided by the Surgery.

We welcome feedback from members, both positive and negative, and, if appropriate, will look to act on this feedback in the interest of patients' and service improvement.

The main focus of the group is to help the practice to improve its services to patients. The Practice's aim is to include both groups in key decision making and respond/reflect on feedback received.

If you are interested in joining either group or would like more details, please contact the Data Manager on ruthwelsh@nhs.net or 01327 841842

Domestic Abuse Help

Northampton Domestic Abuse Service

> https://www.ndas.co/ 0300 0120 154

EVE – Transforming lives affected by domestic abuse https://eveda.org.uk/ 01604 230311

Sunflower Centre

https://voicenorthants.org/helpafter-crime/domesticabuse/sunflower-centre/

0300 303 1965

Voice – after crime https://voicenorthants.org/ 0300 303 1965

Mankind – supporting male victims https://mankind.org.uk/ 0808 800 1170

Refuge – for women & children https://www.nationaldahelpline. org.uk/ 0808 2000 247





Did you see our tree at the **Long Buckby Christmas Tree** Festival?

We were thrilled that we came third.

All the staff drew a self portrait to hang on the tree. Some were good and others not so good!

The answers were on the back.

We also put a tree in the West Haddon Tree Festival.



Northamptonshire Carers have a new logo, which was based on a design which was suggested by students at Isebrook Special School in Kettering.

At the Practice we have 638 patients on our Carers' Register. There are probably lots more we don't know about. If you look after someone, please let us know. Did you know you are a Carer if you help another adult, or a child with additional needs, even if you feel you don't do much?



Supporting Unpaid Carers

Do you pick up their prescriptions, make appointments, provide emotional support, do some shopping or even just pop into your neighbour to check they are ok? If you do any of these things or anthing else, you are a Carer.

We recommend that all carers have a referral to Northamptonshire Carers even if you don't need it yet. At a later date, you will find it easier to access their services if you have already registered. Please contact Ruth, our Carers' Lead for more information or a referral.